

C G F Am
Bha argo De vasya Dhi mahi

C G F Am
Bha argo De vasya Dhi mahi

C Em F G C Em F G
Dhiyo Yonaha Pracho oh dayah at Dhiyo Yonaha Pracho oh dayah at

4 movements

1. Holding hands in the circle, side stepping to right with bow and as left foot closes head comes up. Arms loose with a swing. This continues through all of 1. with each mantra repeated twice-call and response.
2. Four steps in on first 4 beats of line two. The first step in is the beat before singing the start of line two. 4 steps back starting on the En of VarENyam. The in and out is repeated on the second repetition of the line.
3. Same movements as 1
4. Continue side stepping in same rhythm as rest of the dance, sidestepping all together. With hands scoop up the light and guidance that has been invoked and bathe your body with it. You can use your own timing for the scooping.